

Conference Lodging

The hotel has reserved a block of rooms for the evening of May 7 at a rate of \$60 plus tax. When registering, please ask for the "State Provider Conference" rate. To receive the conference rate, reservations must be made by April 24, 2007. Telephone number: (515) 287-2400.

Speakers

Dean A. Lerner is the Director of the Iowa Department of Inspections and Appeals.

Sherry McKay, M.S.N., ARNP, GNP, is the Director of the Adult/GERO Nursing Practitioner Program and an Assistant Clinical Professor at the University of Iowa College of Nursing.

Nancy Lynch, M.S.N., ARNP, GNP, serves as an Assistant Clinical Professor at the University of Iowa College of Nursing Program and an Advanced Nurse Practitioner at the University of Iowa.

Ann Bossen, RN, M.S.N., BC, is project director for the Rural Iowa Alzheimer's Disease

Demonstration Project funded by the Administration on Aging for the University of Iowa College of Nursing, where she serves as an adjunct professor.

Char Teed, RN, is a Quality Improvement Advisor with the Iowa Foundation of Medical Care.

Dr. Rita Frantz is a professor with the University of Iowa College of Nursing, and Chair of Systems and Practice of Nursing, where she teaches courses on gerontology and the biological aspects of nursing.

Paul Shumate is the branch manager for Survey and Certification in the Centers for Medicare & Medicaid Services in Kansas City. He has held this position since May of 2000.

Kathy Pozek, M.S.N., is a Health Quality Review Specialist at the CMS Region 7 Office in Kansas City, Missouri. She is a nurse surveyor specializing in long term care facilities and the EMTALA (anti-dumping) program since 1995.

Pressure Ulcers and Restraints: Improving Outcomes



Tuesday, May 8, 2007
8:00 a.m. to 4:15 p.m.

Holiday Inn Airport
6111 Fleur Drive
Des Moines, IA 50321

Presented by the Iowa Department of
Inspections and Appeals, and the
Des Moines Area Community
College



★ **Holiday Inn Airport**
6111 Fleur Drive
(515) 287-2400

The Holiday Inn is located three miles south of downtown Des Moines and just opposite the Des Moines International Airport.

From I-35: Exit 68, seven miles east to Fleur Drive.

From I-80W, Highway 65S: Exit 141, 17 miles to Exit 97, Fleur Drive, north 1 mile.

Pressure Ulcers and Restraints: Improving Outcomes

Program Overview

The Government Performance and Results Act (GPRA) of 1993 requires each federal agency to establish outcome-oriented performance goals and objectives. The Centers of Medicare & Medicaid Services (CMS) identified goals to reduce restraints and incidence of pressure ulcers in the nation's long-term care facilities.

While Iowa historically has had a low incidence of both pressure ulcers and restraint use, the CMS regional office, the Iowa Foundation for Medical Care (IFMC), and Iowa Department of Inspections and Appeals (DIA) are collaborating to further reduce the numbers.

DIA's Health Facilities Division is sponsoring this program to assist health care facilities to improve these outcomes. The purpose of the program is to introduce the participants to the NEST (Needs, Environment, Stimulation, Techniques) Program that provides a non-pharmacological approach to interventions for disturbing behaviors by older adults with dementia. Additionally, the program will discuss the attributes of a successful pressure ulcer prevention program, and the challenges to implementation.

Representatives from IFMC's Quality Improvement Organization will present the Advancing Excellence Campaign, a voluntary, two-year, coalition-based campaign concerned with how we care for elderly and disabled citizens. The campaign seeks excel-

lence in the quality of life and quality of care for more than 1.5 million nursing home residents nationwide by enhancing choice, strengthening the workforce, and improving clinical outcomes.

Intended Audience

Healthcare professionals in long-term care facilities and health facilities surveyors.

Cost and CEUs

The cost of registration is \$59 per person if registered before April 24. Registration increases to \$69 per person on or after April 25, 2007. Early registration is encouraged, as conference space is limited. Continuing education credit (0.7) (7.0 contact hours) is available:

- Iowa Board of Nursing provider #22.

Registration

Registrations may be made by calling DMACC at (515) 964-6800 or 1-800-342-0033. When registering for the conference, please refer to one of the following course numbers:

- CRN # 32289 if registered by April 24, 2007.
- CRN# 32290 if registered on or after April 25, 2007.

DIA is committed to providing the broadest range of educational and informational opportunities for healthcare providers. The Department's sponsorship of this seminar should not be viewed as an endorsement of any particular program or approach.

Agenda

8:00 a.m.	Registration
8:30 a.m.	Opening Remarks - Dean A. Lerner, Director, DIA
8:45 a.m.	Restraint Free Care: An Introduction to N.E.S.T. - Sherry L. McKay, Nancy A. Lynch, and Ann Bossen.
9:45 a.m.	Break
10:00 a.m.	Restraint Free Care (<i>continued</i>)
11:00 a.m.	Overview of the Government Performance and Results Act (GPRA) of 1993 - Paul Shumate and Kathy Pozek, CMS Regional Office
12:00 p.m.	Lunch
1:00 p.m.	Institutionalizing Pressure Ulcer Prevention - Dr. Rita Frantz
2:30 p.m.	Break
2:45 pm	Resume
3:15 p.m.	QIO Update: Advancing Excellence Campaign - Char Teed
4:00 p.m.	Evaluation
4:15 p.m.	Adjourn